

Support Group Directory

KEY:

AC-Adult Children **B**-Bereavement **BS**-Bereavement Spanish **C**-Contact Person **CG**-Caregivers (General)
DS-Caregivers of Down Syndrome PWDs **EC**-Early Stage Caregivers **EP**-Early Stage Persons **EO**-Early On-Set Persons
F-Facilitator **FB**-Faith Based **FT**-Frontal Temporal Caregivers **H**-Huntington's Disease **LGBTQ**-Lesbian, Gay, Bisexual,
 Transgender, Questioning **M**-Male Caregivers **P**-Parkinson's Caregivers **PWD**-Persons with Dementia **S**-Spouse
VD-Stroke Survivors **YA**-Young Adults of PWD **YO**-Young On-Set (EO) Caregivers **\$**-Inquire about Fee/Donation

 *Affiliated – Support Groups that choose to affiliate with the Alzheimer’s Association have facilitators who are trained by the Association; have cleared the Association’s criminal background checks; and have agreed to our quality assurance specifications. These facilitators receive continuing education in Alzheimer’s/dementia-related topics, and have access to clinical guidance and support. Although the Alzheimer's Association, California Southland Chapter, lists all available groups in our Resource Directory (in an effort to provide consumers with a range of choices), we do not endorse non-affiliated support groups.

City	Group Location/Name	Facilitator and/or Contact	Phone Number	Group Type
Telephone Support Groups				
Entire Chapter	Caregiver Telephone Support Group	Ronena Summers	310-927-5579	CG, *
Entire Chapter	Caregiver Telephone Support Group	Alicia Villegas	323-930-6247	CG, Spanish, *
Entire Chapter	Caregiver Telephone Support Group	Theresa Torrance	310-663-6234	CG, *
Entire Chapter	Caregiver Telephone Support Group	Paoling (Ruth) King	323-274-4431	CG, Mandarin, *
Entire Chapter	Young (Early) Onset Persons with Dementia Telephone Support Group	Monica Moore	323-930-6289	EO, *
Entire Chapter	Caregiver Telephone Support Group	Monica Moore	323-930-6289	YO, *
Antelope Valley				
Acton	Acton/Agua Dulce Library	Melanie Knox	661-860-1372	CG, *
Lancaster	Lancaster Adult Day Care	Sheila Wright	661-948-1228	CG
Santa Clarita				
Newhall	Santa Clarita Senior Center	Judith Harris	661-259-9444	CG, *
Newhall	Summerhill Villa	F & C: Mary Dembkowski F: Deborah Dicorradó	661-993-3240	CG, *
San Fernando Valley				
Burbank	Belmont Village Assisted Living	Evelyn Enriquez	818-972-2405	CG
Burbank	Joslyn Adult Center	Sami Lomax	818-238-5353	CG, *
Burbank	Leeza’s Care Connection	Holly Tyrer	818-847-3686	CG, EP, B, YO
Calabasas	Silverado Senior Living	Etta Martin	818-222-1000	CG, *
Canoga Park	Memory Club/Grad Club/Alumni Club at the Alzheimer's Association	Gabriella Ruiz	818-830-4834	EP, EC, *
Canoga Park	Alzheimer's Association	Sharon Trocki-Miller	818-842-9602	DS, *
Encino	Hope Connection	Jo Christner	818-788-4673	B
Glendale	Glen Park Healthy Living	F: Annie Cardillo F: Paula O'Sullivan	818-242-9000 818-296-4097	CG, *
Granada Hills	Aegis Living of Granada Hills	Jeri Lynn Posner	818-776-1183	CG
Granada Hills	Community Integration Services	Francisca Reynoso	818-398-1475	CG, Spanish, *
North Hills	Sepulveda VA Medical Center	Elissa Brown	818-891-7711 x7320	CG
Northridge	Brookdale of Northridge	Carol Sue Selinger	818-499-1194	CG, *
Northridge	Pacifica Senior Living	Jennifer Watson	818-317-3421	CG, S, *
Northridge	Northridge Hospital	Jennifer Watson	818-317-3421	CG, *

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San Fernando Valley (continued)				
Pacoima	Little Tokyo Service Center - Japanese-American Community Center	Isabelle Miyata	818-899-1989	CG, English, *
Reseda	Jewish Home for the Aging	Jennifer Watson	818-317-3421	EP, *
Reseda	Jewish Home for the Aging - Fountainview	F: Carol Sue Selinger F: Jennifer Watson C: Susan Leitch	818-757-4490	CG, AC, *
Sylmar	LA Caregiver Resource Center (LACRC) - Lake View Terrace Library	F: Alayna Tillman C: General # LACRC	800-540-4442	CG
Tarzana	Private Home	Nancy Kunin	818-344-7070	AC
Van Nuys	The Gardens at Park Balboa	Carol Sue Selinger	818-499-1194	CG, *
Van Nuys	ONEgeneration Adult Day Care	Denise Kee-White	818-708-6376	CG, *
West Hills	Calvary Church	Frances Malcom	818-883-1532	CG
West Hills	Sunrise Senior Living	Stephanie Bien	818-701-9550	CG
Woodland Hills	Sunrise Senior Living	Shirley Golanis	818-346-9046	CG, *
Woodland Hills	Woodland Hills Office	Karin Marin	818-734-9991	CG, *

San Gabriel Valley				
Azusa	Silverado Sierra Vista	TBD	626-812-9777	CG
Glendora	La Fetra Senior Center	Patti Schaub	626-963-6000	CG, *
Glendora	La Fetra Senior Center - After Stroke	Toni Levyssohn	909-843-5239	CG
Pasadena	Alzheimer's Association's Memory Club at Huntington Hospital	Kristen Tachiki	626-397-3110 x4428	EP, EC, Early Stage, *
Pasadena	Alzheimer's Café Pasadena / Brookside Golf Club	F: Laura Koperski F: Diane Fortner-Hingston C: Angelica Carl	626-584-8130	CG
Pasadena	CAPS Adult Day Care Center	Mimi Brown	626-351-5427	CG, *
Pasadena	Terrace at Park Marino	Carol Sue Selinger	818-499-1194	CG, *
San Gabriel	Mission Lodge	Lawrence Schulte	626-795-8681	AC, S, *
San Gabriel	Vista Cove	Brenda Nicolas	626-289-8889	CG, *
South Pasadena	Persona Neurobehavior Group	Mona Mikael	626-449-2484	CG, *
West Covina	West Covina Senior Center	Patti Schaub	626-963-6000	CG, *

Metro Los Angeles				
Hollywood	Triangle Square	Blossom Vernon	323-957-3900 x116	CG
Los Angeles	Alzheimer's Association	Dan Field	213-359-7722	M, *
Los Angeles	Alzheimer's Association	Zina Paris	323-930-6212	AC, *
Los Angeles	Alzheimer's Association Memory/Grad Club/Alumni Club	Amy Landers	323-930-6289	EC, EP, EO, *
Los Angeles	APHCV - Los Feliz Health Care Center	Perla Santos	323-644-3880 x341	CG, Tagalog
Los Angeles	Chabad Persian Youth Center	Nancy Rafii (Sahimi)	310-847-5110	CG, Farsi, *
Los Angeles	Little Tokyo Service Center - St. Francis Xavier Chapel	Kiyoko Kaneda	213-473-3035	CG, Japanese & English, *
Los Angeles	Silverado Senior Living - Beverly Place	Yael Wyte	310-621-0817	CG, EP, EO, YA, *
Beverly Hills	Sunrise Senior Living	Gayla Scoll	310-387-0269	CG, *

West Los Angeles				
Culver City	Culver City Senior Center	F: Tanya Kaplan C: Darren Uhl	310-253-6729	CG, *
Culver City	Grandview Palms	Judith Delaney	310-713-7478	CG, *
Los Angeles	Kaiser Permanente - Culver Marina Medical Office	Ed Holly	310-915-4567	AC, *

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West Los Angeles (continued)				
Los Angeles	Kaiser Permanente - West LA Medical Center	JB Saunders	323-857-3784	CG, *
Los Angeles	OPICA Adult Day Health Center	Anne Galbraith	310-478-0226	CG, \$, *
Los Angeles	West LA VA Medical Center - group for Veterans or Caregivers of Veterans	Stephanie Young	310-478-3711 x41652	CG
Pacific Palisades	Atria Senior Living	Judith Delaney	310-713-7478	CG, *
Santa Monica	Beyond Alzheimer's - UCLA Medical Center, Santa Monica	C: Katherine Serrano	310-319-3222	CG
Santa Monica	WISE & Healthy Aging	F: Ann Cochran C: Heidi Yates	310-394-9871	CG, *
West Los Angeles	Hope Connection	Jo Christner	818-788-4673	B
Westwood	Belmont Village	Gayla Scoll	310-387-0269	CG, *
Westwood	Beyond Alzheimer's - Ronald Reagan UCLA Medical Center	C: Katherine Serrano	310-319-3222	CG
Westwood	UCLA - Mary S. Easton Center	F: Barbara Hament C: Doug Hawkins	310-794-6039	CG, *

South Los Angeles				
Los Angeles	National Council of Negro Women Building	F & C: Jeanie Harris F: Sharon Melancon	323-296-2975	CG, FB

East Los Angeles				
Huntington Park	Huntington Park Public Library	F: Maria Meza C: Leticia Meza	323-881-0574	CG, Spanish, *
Los Angeles	Alzheimer's Association	F: Maria Meza C: Leticia Meza	323-881-0574	CG, Spanish, *
Montebello	Beverly Hospital	Alice Baldwin	323-725-5033	CG, B
Whittier	Presbyterian Intercommunity Hospital	Debbie Gasmien	562-698-0811 x12453	CG
Whittier	Whittier Place Senior Living	Tina Hernandez	714-856-3909	CG

South Bay				
Harbor City	Kaiser South Bay Medical Center	Mahogany Joseph	310-832-0731	CG, *
Inglewood	Inglewood Senior Center	Linda Peterson	310-412-5338	CG, *
Long Beach	Brittany House	Anita Cirifalco	562-421-4717	CG
Los Alamitos	St. Hedwig's Church	Paty Piar	562-795-5762	CG & FB
Manhattan Beach	American Martyrs Church & Homewatch Caregivers	Dick Williams	310-292-0996	CG, *
Palos Verdes Pen.	Palos Verdes Peninsula Center Library	Krista Emery	310-376-3205	CG, *
Rancho Palos Verdes	Belmont Village	David Hart	562-315-8582	CG, *
Redondo Beach	Beach Cities Health District	F: Jessica Martinez C: Ronda Thomas	310-374-3426 x155	CG, *
Redondo Beach	Beach Cities Health District - Memory Club (8-week program)	F: Jessica Martinez F: David Hart	310-792-8666	CG, EP, EC, *
San Pedro	The Salvation Army Sage House Adult Day Care Center	Mahogany Joseph	310-832-0731	CG, *
Torrance	Little Tokyo Service Center - Victory Fellowship	Akiko Takeda	213-473-3035	CG, Japanese, English, *
Torrance	Torrance Memorial Medical Center - Parkinson's Discussion Group	Jackie LaBouff	310-346-6252	P & PWD

Coachella Valley				
Blythe	Blythe Senior Center	Donna Sam	661-331-4880	CG, *
Coachella	Coachella Senior Center	Ivy Torres	760-328-5416	CG, Spanish, *

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Coachella Valley (continued)				
Desert Hot Springs	Family Resource Center	Ivy Torres	760-328-5416	CG, Spanish, *
Indio	Indio Senior Center	F: Toni Renoos C: Nancy Vance	760-391-4170	CG, Spanish, *
Joshua Tree	Hi-Desert Medical Center - Hospice of Morongo Basin	F: Gloria Beetle F: Peggy Kennedy	760-366-6424	CG, *
La Quinta	Caleo Bay Alzheimer's Memory Care Center	F: Linda Carmi F: Diane Kelly	760-848-7115	CG, *
Mecca	Mecca Family Resource Center	Ivy Torres	760-328-5416	CG, Spanish, *
Palm Desert	Center for Spiritual Living	Kae Hammond	760-578-8513	CG, *
Palm Desert	Eisenhower Memory Care Center	Denise Latini	760-836-0232	CG
Palm Springs	Mizell Senior Center	Mike Johnson	760-328-5726	CG, *
Palm Springs	Gentiva Hospice	F: Marjorie Williams F: Jerry Lynch	760-346-2816	B (GL)
Palm Desert	Gentiva Hospice	F: Marjorie Williams F: Jerry Lynch	760-346-2816	B
Rancho Mirage	Alzheimer's Association	Mike Johnson	760-328-5726	CG, *
Rancho Mirage	Alzheimer's Association	Anne Gimbel	760-328-6767	YA, *
Rancho Mirage	Alzheimer's Association Memory Club/Grad Club	F: Anne Gimbel F: Mike Johnson	760-328-6767 760-328-5726	EC, EP, EO, Early Stage*
Rancho Mirage	Mission Hills Senior Living	Jennifer Morton	760-770-7737	CG, *
Rancho Mirage	Vista Cove at Rancho Mirage	Pat Kaplan	760-413-6996	CG
Sun City/Palm Desert	Lakeview Clubhouse - Gated Property	F: Beverly Yahr F: Robert Krasny	760-200-4410	CG, *

Inland Empire				
Apple Valley	Valley Crest Residential Care	F: Renee Lesley C: Veronica Fuentes	760-242-3188	CG
Big Bear Lake	Senior Citizen Center of Big Bear Valley	Mary Andresen	909-585-7958	CG, *
Chino	Pacifica Senior Living	Angelika Pittet	909-548-2100	CG, *
Chino Hills	Chino Valley Community Church	F & C: Lloyd Mustin F: Lisa Laufer	909-270-0866	CG, *
Claremont	Claremont Joslyn Senior Center	Brandi Orton	909-621-6300	CG, *
Claremont	Claremont Place	Angelika Pittet	909-962-8491	CG, *
Claremont	Claremont Club	Laura Van Dran	909-921-1033	CG, *
Colton	Inland Caregivers Resource Center	F: Tanya Brown C: Maria Barnes	800-675-6694	CG
Corona	Brookdale Corona	Joy Rivera	951-898-6991	CG
Corona	New Day Christian Church	F: Heather Case F: Sarah Sims	909-815-7645 714-488-6402	CG
Fontana	Kasier Permanente	F: Aida Blanco C: Maria Barnes	800-675-6694	CG, Spanish
Loma Linda	Adult Day Services of Loma Linda	F: Myriam Aragon C: Maria Barnes	800-675-6694	CG, Spanish
Mentone	Rose Garden	Amanda Soto	909-794-1040	CG, *
Rancho Cucamonga	Alzheimer's Association & Home Instead Senior Care	F & C: Brandi Johnson F: Sergio Calderon	909-476-9030 909-944-9680	CG, *
Redlands	Blossom Grove	Elizabeth Whittington	951-249-5278	CG
Redlands	Plymouth Village Retirement Community	Connie Garrett	909-793-1233 x1620	CG, *
Redlands	Somerford Place Assisted Living	Jennifer Castaneda	909-793-9500	CG, *
Riverside	Care Connexus Adult Day Services	F: Ilene Tejada	951-509-2500	CG
Riverside	Community Care on Palm	Sylvia Morales	951-686-9001 x27	CG

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Inland Empire (continued)				
Riverside	Parkview Hospital - Founder's Center - Zweig 1	F: Daniel Medina F & C: Maria Barnes	951-505-1280 800-675-6694	H, CG, Spanish
Riverside	Pacifica Senior Living	F: Jill Johnson-Young C: Patty Roach	951-360-1616	CG
Riverside	Raincross at Riverside	Ruthie Daniel	951-785-1200	CG
Riverside	Raincross at Riverside	F: Tanya Brown F: Aida Blanco C: Maria Barnes	800-675-6694	CG
Riverside	Riverside Community Hospital	C: General #	951-788-3463	CG
Riverside	Sunrise Senior Living - Canyon Crest	F: Paul Velen C: Mary Taber	951-686-6075	CG, *
Riverside	Wellbrook Senior Living	Tracey Holt	951-686-2241 x218	CG, EC, FT, P
San Bernardino	Community Hospital of San Bernardino (Solarium)	F: Sheila Torres C: Maria Barnes	800-675-6694	CG
Upland	Gibson Senior Center	F: Sue Wolkins C: Maria Barnes	800-675-6694	CG
Upland	Oakmont of San Antonio Heights	F: Lisa Jeffers C: Michelle Morales	909-981-4002	CG, EO, AC, S, *
Victorville	Home Instead Senior Care	F & C: Brandi Johnson F: Joy Jeannette	760-843-5655 760-508-7313	CG, *
Victorville	Sterling Commons	Debra Newlin	760-245-3300	CG
Victorville	Sterling Inn	F: Sue Wolkins F: Aida Blanco C: Maria Barnes	800-675-6694	CG, P

SW Riverside County				
Beaumont	Beaumont Senior Center	Kay Perryman	909-795-2287	CG
Hemet	Desert Hills Memory Care Center	Jane Farmer	951-652-1837	CG, *
Hemet	Hemet Public Library	F: Sue Wolkins C: Maria Barnes	800-675-6694	CG
Murrieta	The Colony at California Oaks	Carol Bradshaw	951-719-0056	CG, EC, S, AC, *
Murrieta	Hospice of the Valley	Maria Barnes	800-675-6694	CG, Spanish
Perris	Our Countryside Resort	F: Linda Comley C: Maria Barnes	800-675-6994	CG, Spanish
Sun City/Canyon Lake	Canyon Lake Community Church	F: JoAnn Wickerath C: Church Office	951-244-1877 x200	CG
Sun City/Menifee	Kay Cenicerros Senior Center	Anthony Spencer	951-509-2500	CG

Tulare County				
Porterville	Porterville Adult Day Services	F: Gail Nelson C: Margaret Hackelman	559-783-9815 or 559-623-0900	B, CG, Spanish
Visalia	Prestige Assisted Living	Helen Hurley	559-735-0828	CG
Visalia	Quail Park Retirement Village	F: Marcy Johnson C: Sandy Hagar	559-624-3503	CG
Visalia	St. Anthony's Retreat	F: Elizabeth Holliday	510-875-4721	CG, *

To find the most up-to-date California Southland Chapter Support Group Directory, visit www.alz.org/socal/documents/supportgroups.pdf

To find a Support Group in Orange County call 949-955-9000 or visit: www.alz.org/oc

To find a Support Group in Ventura County call 805-892-4259 or visit: www.alz.org/cacentralcoast